



President's Message

We have many events coming up as we leave the coldest days of winter. Please contact the event chairs and volunteer to help where you are able:

- > **Bowl-a-thon** on March 18th (George B)
- > **Largest Baby Shower** in April as part of the Save Abandoned Babies project (Roberta P)
- > **Salad in the Park** on May 8th at Viking Park (Mike S)
- > **Field of Memories** from May 20th – 29th at Esper Petersen Park (Joy S, Michelle F, Paul W & Mary C)
- > **Relay for Life** on July 14th - 15th at Warren Township High School – O'Plaine Campus (Roberta P)
- > **Rib Fest** in conjunction with Gurnee Days on August 10th & 11th (Ray S)

Gurnee Days Corporation invites you to nominate a selfless community leader whose sacrifices are praiseworthy and may have gone unnoticed. The winner will be presented with a Book of Golden Deeds. Please send your nomination to Gurnee Days Corporation, Attn: Nominating Committee, P.O. Box 111, Gurnee IL, 60031

The Rookie of the Year award at the District level recognizes the group of local club winners in a special ceremony, which manifests the Exchange spirit and honors the most active new member at the district convention. Honoring new club members has been used by other civic and service clubs with great success.

Some thanks are in order:

- > To our members who are participating in the Gurnee Fire Department's C.E.R.T. (Community Emergency Response Team).
- > To club officers Dan Kloczkowski (President-elect), Mike French and Mary Jo Kollross (Secretary), Kalyne Boyles (Treasurer), Roberta Pfeiffer (assistant Treasurer), Bill Froese (Past-president '05-'06) and Fergal "Pat" Gallagher (Past-president '04-'05).
- > To '05-'07 board members Ray Smith, Hanna Blockinger and Glenn Ryback.



Tim Steffens from the Gurnee F.D. teaches us about CERT

We need your help in nominating someone you'd like to see serving as club officers or on your board.

Nominations are also in order for the "All-American" recipient.



Mike Langer

Besides donating your time and talent as above, two more 'donations' could use your attention if you are able. Please support Mike Langer in his quest to go to Australia to compete in the 2007 World Police and Fire Games. Donations are being accepted by Gurnee Fraternal Order of Police (F.O.P.) Lodge #266, Attn: World Police and Fire Games 2007, 100 N. O'Plaine Road, Gurnee IL, 60031 or reach Mike L at MikeL@police.gurnee.il.us

Additionally, we're about halfway to reaching our goal for a club Berkey Fellowship. If you haven't already, please donate \$10 to make our club the first of the Lake County Exchange clubs to become a Berkey Fellow Club!

Lastly, Fergal "Pat" Gallagher reports that Martha Harlan has become the president of the new McHenry Exchange Club. She had attended several meetings of our club, and here got the notion that starting a club in McHenry would be a terrific idea. They have a mix of business and professional folks, some of whom are past or current members of Lake County clubs. Future plans include organizing a chili supper, recruiting a team for the Bowl-a-thon, installing a Freedom Shrine, and working toward the ACE award.

Yours in Exchange,

Mike Oster

Change

Breakfast Exchange Club of Gurnee
Gurnee, Illinois



March 2007
Volume 4, Issue 3
Editor
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Meetings
Second and Fourth
Tuesday of each
Month at 7:00 a.m.
at In-Laws Restaurant.

EXCHANGE
Growing Our
FUTURE
Together

BOWL-A-THON

Sunday, March 18th



The Lake County Exchange Clubs host the annual event from 10:00 AM to 2:00 PM at Bertrand Lanes in Waukegan. Donations for the raffle are needed: gift certificates to area stores, hair salons or restaurants; tickets to sporting events, concerts or theaters; gift baskets; electronic equipment such as DVD or MP3 players, televisions, video or photography items; gifts for children or college students; etc. These items may be brought to the March 13th general meeting, or arrangements can be made for pickup by contacting George B or Roberta P. Get a bowling group together from your coworkers, friends and/or family, and then call Fergal "Pat" G to reserve your lane or obtain information about sponsoring a lane.



February Student of the Month

Brian Derrow of Warren Township High School with his family

Mystery Member

I am one of the charter members of the Breakfast Exchange and enjoy most of our activities that promote well-being for children. My hobbies are sailing, watercolor painting, cooking, photography, ornamental horticulture, martial arts, acting, and free diving (no more than 30-35 feet). I also enjoy astronomy and would be thrilled tagging along on a trip to outer space! But if that's not possible, an airline trip to New Zealand or Australia would be terrific. I've met one sitting Pope, as well as a Cardinal who is now Pope. In November 2001 I traveled (legally) to Cuba and was a crew member on 'Patriot' when it took one day off the previous speed record sailing from St. Petersburg, FL to Isla Muheras, MX in 45 hours – over 500 nautical miles! (I traveled over 30 knots in that same sailboat.) On the same memorable day I asked my future wife's father for her hand in marriage, I met *Hiz Honor Da Mayor*. My first job was as a field hand for my grandfather pulling weeds for 50¢ an hour, and later made \$1 per hour driving the trucks and tractors. Then I flipped burgers for a very short time before becoming a file clerk. My wife and I met while freshmen at the U of I, and we have two grown children. When I watch television, the History Chanel is on the most, closely followed by 'Good Eats.'

Who am I?

Michael Oster

Mystery Member Answer!

Tom Bleck

Excel Club News



Mary Caselli, Excel Club Sponsor Katie Schober, and Excel Club President Lea Stemplewski

February was a very exciting month for the EXCEL club! We are currently in the middle of our children's book drive. All of the books will be donated to *Kids Korner*, a children's waiting room located in the Lake County Courthouse. They provide a safe and fun waiting area for children who are in the courthouse to testify in court or whose parents are conducting court business. They protect young children from confusing, frightening, and inappropriate adult business and behavior. This is the second part of our *Kids Korner* project this year. Earlier we ran an "Adopt a Pet" drive where we collected new and used stuffed animals. All of these animals were then gift wrapped for the holidays and given to children at the courthouse. We had an enormous response from the Warren students and ended up collecting well over our expectations.

We just finished writing letters to soldiers in Iraq. Together with the Great Lakes Credit Union, we will send these letters over to Iraq along with international phone cards. The time of year following Christmas can be quite rough on soldiers because of the lack of assistance/communication from home. We thought that this would be a great way to show them how much Warren cares.

This second semester EXCEL students have been volunteering at Viking Middle School with their after-school homework program. High school students, grades 9-12, have been volunteering their time once a week in order to help challenged students succeed. We are also planning on putting together a student board to go over and talk to the incoming 8th graders about their high school years ahead. Since many incoming freshmen find Warren quite overwhelming and scary, a panel of current students who discuss their own past experiences and answer questions can be very comforting.

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Birthdays

March

Fred Friedl – 3/5
Gayle Newmann – 3/14
Jeffrey Carr – 3/20
James Hayner – 3/27

April

Fergal "Pat" Gallagher – 4/1
Bill Gill – 4/9
Millie Lang – 4/12
Kevin Woodside – 4/17
Ben Martindale – 4/26
Olga Pahl – 4/30



Darkness to Light Program Resources

The program web site identifies several resources to assist efforts in preventing child abuse. Below is a synopsis of the information available from www.darkness2light.org :

Identify state laws and legal requirements for reporting:

- All 50 states require professionals who work with children to report reasonable suspicions of child abuse; many states require that *anyone* who has suspicions make a report.
- Information about each state's laws and requirements is available by calling the national child abuse hotline at 1-800-422-4453 or visit <http://nccanch.acf.hhs.gov/general/legal/statues/search/>.

Know the two agencies that handle reports of child abuse:

- Law Enforcement
- Child Protection Services

and find out where to make a report by visiting <http://nccanch.acf.hhs.gov/topics/reporting/guidelines.cfm>.

Find a child-friendly, safe place for an abused child to seek help:

- Children's Advocacy Center or visit www.nca-online.org.

Find a therapist/counselor in your community who specializes in sexual trauma. Find a support group for survivors, parents/families of children who have been abused, and for adults or adolescents with sexual abuse/behavior problems:

- The American Psychological Association offers a help center online to get information and obtain referrals. Visit <http://locator.apahelpcenter.org/> or call 1-800-924-2000.
- Social workers are available through www.naswdc.org.
- The National Association of State Mental Health Program Directors site www.nasmhpd.org has links to mental health services and state mental health agencies.
- The Office of Victims of Crime provides information on the rights and services offered for victims and survivors of child sexual abuse at www.ojp.usdoj.gov/ovc/help/isa.htm.
- The organization STOP IT NOW! Has developed programs to reach people of all ages who might have the potential to sexually abuse. Its helpline is 1-888-PREVENT and web page www.stopitnow.org.
- Contact the Safer Society Foundation for referrals to programs and services for treating sexual offenders or children who demonstrate sexually abusive behavior at 1-802-247-5141 or visit www.safersociety.org.

Find pediatricians in your community who have been trained to do forensic examinations and/or who have experience treating children who have been sexually abused:



- Visit the American Academy of Pediatrics website www.aap.org/referral to search for specific referral criteria.
 - Search for Sexual Assault Nurse Examiners through the S.A.N.E. program locator at www.sane-sart.com. These professionals are specifically trained to do examinations to determine whether there is any physical evidence of sexual abuse.
- Find an attorney who specializes in the criminal conviction of sexual predators and/or civil lawsuits against sexual predators:
- Use the "Lawyer Locator" tool on the ABA website at www.abanet.org.
 - Information on victim rights and criminal & civil justice procedures is available at 1-800-FYI-CALL or www.ncvc.org from the National Center for Victims of Crime.
 - For attorney selection considerations, visit the National Crime Victim BAR Association website at www.victimbar.org.

Find sex offender registry and criminal background information:

- The Investigative programs Crimes Against Children unit of the FBI provides updated links to the sex offender registries of all 50 states www.fbi.gov/hq/cid/cac/states.htm.
- The National Sex Offender Public Registry at www.nsopr.gov/ is a cooperative effort between state agencies and the federal government.
- Family Watchdog at www.familywatchdog.us allows individuals to enter an address into a field and a map of nearby registered sex offenders will be displayed.
- The National Center for Safety Initiatives www.safetyinitiatives.com has an online background check too called the Check It Twice System.



We wish to thank the following for their generous support of time, talent and resources in helping the Breakfast Exchange Club in the prevention of child abuse and support of other children and family services throughout Gurnee and Lake County.

Major Sponsors for 2006-2007

Katie Schober, Club Advisor

In April we will turn our efforts to last year's success, the Biggest Baby Shower. Our students, working with several other Warren clubs, will raise both funds and supplies for the Abandoned Baby Foundation. We are very excited to make this a wonderful tradition at Warren. Also in April, we can finally go out and clean our road! We are the current adopters of Dada Road, between Hunt Club and Almond. Finally after so much lousy weather, we can strap on our gloves and clean up this town!

Every girl deserves to attend her prom! We are looking forward to both March and April. In March the EXCEL students will be working with Winchester House in Libertyville, getting together with senior citizens and playing bingo. What sounds like a meaningless game will actually show the elderly how much the students are involved in their lives, not merely their own. Since March is also a time to start thinking about prom, we will work together with the Class Slipper Project of Libertyville to collect new and used prom wear for young women who cannot afford the clothes themselves.

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P.O. Box 494
Gurnee, IL 60031

Breakfast Exchange Club of Gurnee

2006-2007 Officers

Mike Oster
President
Dan Kloczkowski
President Elect

Mike French
Secretary
Kalyne Boyles
Treasurer
Bill Froese
Immediate Past President

News



Meetings and Events

- March 3, 2007** - Lincolnland District Meeting and District-wide Bowl-a-thon in Rantoul
- March 6, 2007** - Board Meeting
In-Law's Restaurant (Rt. 21 and Grand Avenue) Gurnee IL 7:00 AM
- March 13, 2007** - Membership Meeting
In-Law's Restaurant (Rt. 21 and Grand Avenue) Gurnee IL 7:00 AM.
- March 18, 2007** - Bowl-a-Thon at Bertrand's in Waukegan
- March 27, 2007** - Membership Meeting
In-Law's Restaurant (Rt. 21 and Grand Avenue) Gurnee IL 7:00 AM.
- April 3, 2007** - Board Meeting
In-Law's Restaurant (Rt. 21 and Grand Avenue) Gurnee IL 7:00 AM
- April 10, 2007** - Membership Meeting
In-Law's Restaurant (Rt. 21 and Grand Avenue) Gurnee IL 7:00 AM

- April 24, 2007** - Membership Meeting
In-Law's Restaurant (Rt. 21 and Grand Avenue) Gurnee IL 7:00 AM
- May 8, 2007** - Salad in the Park: at Viking Park in Gurnee
- May 20-29, 2007** - Field of Memories / Healing Field at Esper Petersen Park in Gurnee
- June 22-24, 2007** - Lincolnland District Convention, Holiday Inn Joliet Conference Center in Joliet, IL
- July 14 6:00 PM – July 15 6:00 AM** "Lights, Camera, Take Action!" American Cancer Society's 5th Annual Relay for Life of Gurnee/Wadsworth in the stadium at Warren Township High School - O'Plaine Campus
- July 18-21, 2007** National Exchange Club Convention, Portland, OR

Flash

Breakfast
Exchange Club
of Gurnee

March 2007